



(adapted from the Diocese of Chelmsford, Church of England)

If a household are praying together, one person may act as leader and the others as the congregation who join in the words printed in bold. If this liturgy is prayed alone, all the words are read aloud.

Create a space in which you are comfortable to pray, perhaps lighting a candle, or creating a focal point such as a cross or crucifix. Feel free to sing or listen to a song of praise as you start.

One: The Lord is here.

All: **God's Spirit is with us.**

All: **Almighty God, to whom all hearts are open,
all desires known, and from whom no secrets are hidden:
cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Liturgy of the Word

You could use one or more of the bible readings for the day, a scripture reading or Psalm you know well, or the following short readings:

Revelation 3:20 - Behold, I stand at the door and knock; if any one hears my voice and opens the door, I will come in to him and eat with him, and he with me.

Psalm - Psalm 62 On God alone my soul in stillness waits; from him comes my salvation. He alone is my rock and my salvation, my stronghold, so that I shall never be shaken.

Gospel - John 15:5 I am the vine, you are the branches. He who abides in me, and I in him, he it is that bears much fruit, for apart from me you can do nothing.

(Keep a time of silence to reflect on the readings you have heard)

The Prayers

These or other prayers may be said,

Holy God, in whom we live and move and have our being,
we make our prayer to you, saying,
Lord, hear us.

Grant to all who seek you the assurance of your presence, your power and your peace.
Lord, hear us

Grant your healing grace to [name and] all who are sick
that they may be made whole in body, mind and spirit.
Lord, hear us.

Grant to all who minister to the suffering
wisdom and skill, sympathy and patience.
Lord, hear us

Sustain and support the anxious and fearful
and lift up all who are brought low.
Lord, hear us.

We bring before you loving God those people and concerns that we carry on our hearts...
(you may choose to name these silently or aloud)
Lord, hear us.

Almighty God, whose Son revealed in signs and miracles
the wonder of your saving presence:
renew all your people with your heavenly grace,
and in all our weakness sustain us by your mighty power,
through Jesus Christ our Lord
Amen

**Our Father in heaven, hallowed be your name, your kingdom come,
Your will be done on earth as it is in heaven.
Give us today our daily bread and forgive us our sins
As we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
For the Kingdom the power and the glory are yours, now and forever. Amen.**

Prayer of Repentance:

I love you, Jesus, my love above all things, and I repent with my whole heart of having offended you in my thoughts, words or deeds. Forgive me and never permit me to separate myself from you again, grant that I may love you always, and then do with me what you will. Amen

Act of Spiritual Reception

During this prayer, you may want to put your hands out as you would to receive communion, as a prayerful sign of receiving God's holy presence.



O Loving God, in union with Christian people throughout the world and across the centuries gathered to make Eucharist, hearing your holy Word and receiving the Precious Body and Blood of your dear Son, I offer you praise and thanksgiving.

Even though I am exiled from tasting the Bread of Heaven and drinking the Cup of Life I pray that you will unite me with all the baptised and with your Son who gave his life for us.

Come Lord Jesus, dwell in me and send your Holy Spirit that I may be filled with your presence.

Jesus, as the hem of your garment, touched in faith, healed the woman who could not touch your body, so may the soul of your servant be healed, for though I cannot receive you in the sacrament I can, through this offering of my prayer, receive you in my heart; grant this for Christ's sake. Amen.

Closing Prayer

O Lord and heavenly Father, we your humble servants entirely desire your fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching you to grant, that by the merits and death of your Son Jesus Christ, and through faith in his blood, we and all your whole Church may obtain remission of our sins, and all other benefits of his passion. Amen.

Praying for God's Blessing

The peace of God, which passes all understanding, keep our hearts and minds in the knowledge and love of God, and of his son Jesus Christ our Lord: and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among us and remain with us always. Amen.

